

5th Element Martial Arts



INFORMATION GUIDE 2026

Term 1:	Tuesday 27 January – Thursday 2nd April
Term 2:	Monday 20 April – Sunday 28th June
Term 3:	Monday 13 July – Sunday 20th September
Term 4:	Tuesday 6 October – Sunday 13th December

On Site Office Hours:

Monday & Thursday – 3.30-5.30pm
Saturday – 10.15-12am

Formerly known as Bjorn's Taekwondo (since 1999)

Dojang Address: 7 Coorparoo Rd Warner 4500 **Postal Address**: PO Box 346 Albany Creek 4035 **web:** www.5thelementmartialarts.com.au
Mobile: 0488 152 166 **E-mail:** admin@5thelementmartialarts.com.au
All correspondence should be addressed to: The Manager, 5th Element, PO Box 346, Albany Creek Qld 4035

FACULTY

Igor Geyl – Head Instructor



- 6th Dan Black Belt - WTF Taekwondo
- 1st Dan Black Belt - Korean Sword Art
- Level 4 Referee Certificate - WTF Taekwondo Tournament Competition
- First Aid & CPR Certified, Blue card
- Fitness Leader Level 1 Certified
- Certificate II in Sport & Recreation
- 26 years teaching experience
- Personal Trainer - 10 years' experience
- Level 1 Acro Trainer
- Multiple National Titles in Sparring, Poomsae & Power Breaking



Eliot Soo Burrows – Senior Instructor

- 5th Dan Black Belt - WTF Taekwondo
- 19 years training under Igor
- 60 State & National Gold Medals
- First aid & CPR certified
- Multiple State and National Champion



Max Wraight – Senior Instructor

- 4th Dan Black Belt - WTF Taekwondo
- 16 years training under Igor
- QLD Representative (multiple selections)
- Student Teacher – 6 years experience
- 5th Element Tricking Instructor
- Blue Card



Zaine Mansfield - Senior Instructor

- 4th Dan Black Belt - WTF Taekwondo
- 14 years Taekwondo Training
- QLD Representative (multiple selections)
- National Champion Sparring (2023)
- Korean Muju Open 2023 – Bronze
- Belgium Open 2023 – Silver Medal
- Dutch Open 2023 - Bronze Medal
- Australian Open 2023 - Bronze Medal
- Oceania Presidents Cup 2023 - Gold Medal
- 5th Element sparring instructor
- Blue card



Shilowyn Geyl - Instructor

- 2nd Dan Black Belt - WTF Taekwondo
- 10 years training under Igor
- QLD representative (multiple selections)
- National & state Champion (multiple selections)
- First aid, CPR and blue card certified

Assistant Instructor: Emerson Maxwell

MARTIAL ARTS CLASSES:

TRADITIONAL TAEKWONDO



Progression of students through the full Taeguk Pattern system (and a few Pulgwe Patterns also) whilst undertaking effective self-defence including throws, takedowns, basic floor work, advanced kicking skills, wrist and arm locks, break-falling and multiple attacker situations as part of the grading syllabus. In addition, advanced self-defence techniques involving weapons such as knives, bats, nunchaku and guns form part of the training syllabus through the higher ranks. Tournament competition is available to students interested in pursuing the Olympic sport element of Taekwondo.

WT TAEKWONDO Competition CLUB



Olympic style taekwondo tournament training incorporating all elements of fitness training, specific tournament sparring drills, match strategy & ringcraft, and contact sparring (age appropriate and according to WTF regulations and best practice). Students undertaking Sparring class should be yellow belt or above. Successful competitors have the opportunity to represent 5th Element at State & National level.

MARTIAL ARTS TRICKING/ACROBATICS



For 5 yrs+ is a training discipline that combines kicks, flips and twists from martial arts and gymnastics. It aims to achieve an aesthetic display of different combinations of “tricks”. Examples of tricking techniques include the 540 kick, the corkscrew, the flash kick, the "B" (butterfly) twist and double leg.

WEAPONS

For 7yrs+ No Experience needed. Learn to use: Bo Staff, Nun chucks, Jo Staff, Karba (Scythes), Sai (Mini trident), Jingum (Korean Sword) & Ninja Stars. Class includes hand an eye exercises such as juggling.

STRETCH & STRENGTH

For EVERYONE 7yrs+ but especially FIGHT CLUB STUDENTS (POOMSAE & SPARRING). *** Enhances flexibility, improves mind and body co-ordination, increases strength through correct placement, minimizes injuries, and enhances overall performance.

PRIVATE TUITION

We will aim to keep private lessons on the same day and time, on a term by term basis for those undertaking private tuition on a permanent basis. If your lesson needs to be changed you will be contacted. Casual private tuition leading up to grading will be scheduled around permanent bookings.

Private lesson tutors generally are with Igor Geyl. In cases of emergency a substitute tutor may be utilised at the discretion of 5th Element Martial Arts.

Cost for private lessons is $50.00 per 1/2hour or $90.00 per 1 hour.

Private lessons will be confirmed via correspondence. Private lesson cancellations should ONLY be made via the 5th Element Martial Arts mobile phone 0488 152 166 or email to admin@5thelementmartialarts.com.au.

If you wish to make a booking for Private Lessons please contact Admin on 0488 152 166 or admin@5thelementmartialarts.com.au

GRADINGS

Gradings will be offered 4 times a year and are by invitation only (this includes the rare case of double grading). When a student is ready Subonim (Igor) will let the student and the parent know by written invitation.

Grading dates will be set at the beginning of the year but are subject to change.

Grading will be conducted by Subonim Igor Geyl – 6th Dan, and senior black belt gradings will be under the guidance of Master Chris Blight – 9th Dan.
Students will receive an assessment (a written report), a new belt (if applicable), and embroidery (for black belts). If successful, black belts may also like to consider purchasing a new black belt taekwondo uniform to go with their new belt. Black Belts, if successful, will also receive an internationally recognized Kukkiwon Certificate from Korea (a minimum of 6 week turnaround after submission of application applies). Results will be handed out in class.

Taekwondo Dragonfly Belts and Levels
White
Green
Green 1
Green 2
Green 3
Orange
Orange 1
Orange 2
Orange 3
Purple
Purple 1
Purple 2
Purple 3
Little Dragons

Taekwondo Belts and Levels
White
Yellow 1
Yellow 2
Yellow 3
Blue 1
Blue 2
Blue 3
Red 1
Red 2
Red 3
Cho Dan Bo
Black Belt

MEMBERSHIP OPTIONS (10 WEEK TERM)

Little Ninjas & Dragonflies Membership Program (3-6yrs)			
Membership Type	**Training**	**Price/Term**	**Value**
DF Foundation	1 class per week	$187	$18.70/class
DF Progress	2 classes per week	$260	$13/class
DF Performance	3 classes per week	$320	$10.70/class
DF Unlimited (Best Value)	Unlimited	$360	Full Access

Little Dragons, Junior & General Membership Program (7yrs & up)			
Membership Type	**Training**	**Price/Term**	**Value**
TKD Foundation	1 class per week	$250	$25/class
TKD Progress	2 classes per week	$400	$20/class
TKF Performance	3 classes per week	$500	$16.60/class
Unlimited (Best Value)	Unlimited classes	$600	Full Access

Compulsory Australian Taekwondo Insurance 2026		
(minimum insurance requirements by all Martial Art students age at 31st Dec)		
Basic Membership U12	$50.00	
Membership 13 & up	$60.00	
National Athlete License	$30.00	required for national competitions
Australian TKD Global Athlete License (GAL)	$75.00	required for international competitions

Uniform	Cost
Dobok	$80
Club T-Shirt (summer uniform not compulsory)	$50

Fees & Payments	Payments
• No classes on Public Holidays (except Pupil Free Days). • Invoices sent prior to term | Due by end of Week 2 • $20 late fee applies after Week 2 • Unpaid after Week 4 = may not train • Contact Admin: for payment plans	• Eftpos in office (office hours) • Bank Transfer: 5th Element Martial Arts BSB: 034-272 | Acc: 249-622 (use invoice number) • No responsibility for cash sent via mail

Policy

- No refunds/credits for absences, illness or withdrawal Invoices sent prior to term | Due by end of Week 2
- Memberships roll over term by term year by year
- 2 weeks' written notice prior to term commencement required to cancel
- Missed classes can be made up within the same term

OFFICIAL POLICIES

SICKNESS POLICY

If unwell (Unless seriously ill or contagious) students should view class for choreography and visual learning to assist their technical progression. If parents DO NOT wish their child to participate in a class (view only) due to illness/injury, a written note must be provided to administration and a "sick note" will be provided for the child to submit to their teacher in class.

BULLYING POLICY

5th Element has a ZERO TOLERANCE BULLYING POLICY.

When bullying is identified, the teacher or staff member will file a written report with administration and a letter will be sent home to parents. If behaviour continues, a meeting will be organised with parents to discuss issues and the child will be temporarily suspended from 5th Element Martial Arts. Any subsequent incident will result in immediate expulsion without further correspondence entered into. Each incident will be kept on file for future reference.

BEHAVIOUR POLICY

5th Element Martial Arts has ZERO TOLERANCE for DISRESPECTFUL BEHAVIOUR TOWARDS OUR STUDENTS & TEACHERS. This includes insolence, rude gestures and failure to follow reasonable direction.

In the first instance the teacher on duty (or staff member) will file a written report and a letter will be sent home to parents. Subonim will meet with the student to re-iterate behaviour expectations & discuss any issues. At 2nd Instance a meeting will be organised with parents to discuss issues and the child will be temporarily suspended from 5th Element Martial Arts. Any subsequent incident will result in immediate expulsion without further correspondence entered into. Each incident will be kept on file for future reference.

REFUND POLICY

Please note that we are happy to provide Refunds in accordance with the Fair Trading Act and the Entertainment Industry Code of Fair Practice.

Refunds will therefore be provided in the following circumstances:

1. When goods are returned as Faulty or Defective.
2. Goods are deemed not suitable for their intended use AND that use was made known to us at the time of purchase.
3. The goods do not match the description or they differ from the sample.
4. In the event of a performance— the event is cancelled or rescheduled.
5. In the event of a performance—the main attraction is cancelled AND a premium price has been paid due to star attraction.
6. In the event of a performance—previously undisclosed significant visual obstruction for a reserved seat reported soon after commencement.

Refunds will not be provided for the following reasons so please do not ask, as refusal may offend:

1. When the customer has changed their mind.
2. Where a customer has found the goods cheaper elsewhere or decides they cannot afford the item.
3. Where a fault was made known to a customer at the time of sale or the customer has caused the item to fail.
4. Where, due to unforseen circumstances the customer cannot attend an event for which they have purchased tickets.

IN ADDITION:
If for reasons contrary to the above a student decides they no longer wish to continue classes with 5th Element Martial Arts, a refund will not be provided. Term fees secure a students place in class and a 'cap' on the number of students in a class means that once the maximum number of students has been reached in the class, no more students are enrolled in that particular class.

SOCIAL MEDIA POLICY

5th Element Martial Arts recognizes Social Media (Facebook, Twitter, LinkedIn, Youtube etc) as an important tool in today's technological world. However, whilst enrolled at 5th Element Martial Arts, students are NOT PERMITTED to do the following without written consent from the Principal:

- Take photos or videos of activities during 5th Element Martial Arts classes or demonstrations.
- Take photos or videos of performances, back stage or dressing room images, choreography or other 5th Element Martial Arts intellectual property.
- Post photos, videos, sensitive content or inflammatory remarks regarding 5th Element Martial Arts, 5th Element Martial Arts related activities, events or performances on social media or the internet.
- Post inflammatory remarks (or what could be considered inflammatory remarks) regarding 5th Element Martial Arts students, 5th Element Martial Arts parents, carers or guardians of enrolled students on social media or the internet.

Students, and the Parents/Carers/Guardians of students found to be acting contrary to the 5th Element Martial Arts Social Media Policy will face disciplinary action, and in some cases, may face expulsion.